

# TERMS AND CONDITIONS

This Terms and Conditions describes Simply Better Behavioral Health Services policies and procedures on the collection, use and disclosure of your information when you use our service and tells you about your privacy rights and how the law protects you.

We use your personal data to provide and improve the Service. By using the Service, you agree to the collection and use of information in accordance with this Privacy Policy.

Simply Better Behavioral Health Services is committed to safeguarding the privacy of our users. We do not share your personal information with third parties.

## INFORMATION COLLECTION

We collect only the information necessary to provide and improve our services. This may include your name, email address and phone number. We do not sell, rent, or share this information.

## HOW WE USE YOUR INFORMATION

The information collected is used solely for communicating with you.

- To provide and maintain our service
- To manage your account
- To perform contracts
- To contact you via email, phone, or SMS
- To provide updates and offers
- To manage your requests

## SMS DISCLOSURE

By contacting us via SMS, you agree to receive messages. Message/data rates may apply. Reply STOP to opt-out.

## DISCLOSURE OF YOUR INFORMATION

We do not share client data with third parties except as required by law or with consent.

## INTERNATIONAL DATA TRANSFERS

Your data may be processed outside your jurisdiction with safeguards.

## DATA RETENTION

We retain personal data only as long as necessary.

## **COOKIES AND TRACKING TECHNOLOGIES**

We use cookies to enhance user experience.

## **YOUR CHOICES**

You may access, correct, or delete your information by contacting [info@simplybetterhealth.org](mailto:info@simplybetterhealth.org).

## **POLICY CHANGES**

We may update this policy periodically.

Last updated: 01/02/2026